

On occasion there is a need to replace a handgrip on Precor Strength Products

In order to assist with this, the process below has been tested and is recommended. The use of non-aerosol hairspray for installing a handlebar grip has been found to be the best method.

The following procedure is recommended for installing a strength machine handlebar grip.

1. Remove the existing handlebar grip.
2. Thoroughly, clean the handlebars with a 30:1 solution of water and Simple Green®. Ensure that all of the adhesive from the previous grip has been removed. The handlebars must be clean and dry.
3. Spray the grip area of the handlebar with hairspray. Ensure the hairspray does not overspray on to other parts of the machine.
4. Slide the replacement grip onto the handlebar.
5. Clean the excess hairspray off the handlebar using a clean damp cloth.
6. Allow the grip to set up for approximately 2 hours before using the machine.

Please contact **Precor Customer Support** with any questions regarding this service bulletin @ **800-786-8404**.