

The intent of this service bulletin is to explain the recommended method of tightening the seat adjustment assembly on Precor strength equipment when replacing the seat adjustment assembly or if the assembly has become loose.

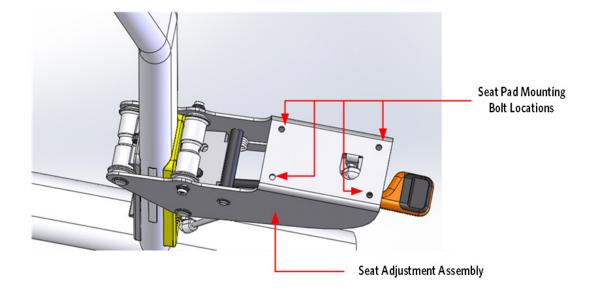
Affected Strength Lines:

- Discovery Selectorized Line
- Discovery Plate Loaded Line
- Experience C-Line

Procedure:

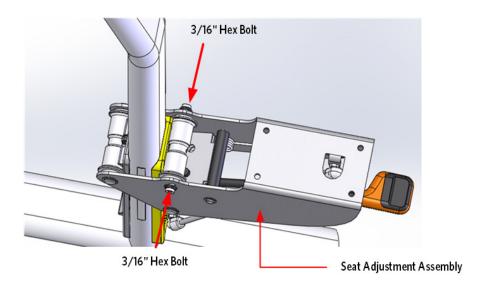
1. Remove the four $\frac{1}{2}$ " bolts that secure the seat pad to the seat adjustment assembly; remove the seat pad and set aside. **See Diagram 1**.

Diagram 1



2. Loosen the two 3/16" bolts that secure the top roller to the seat adjustment assembly. **See Diagram 2**.

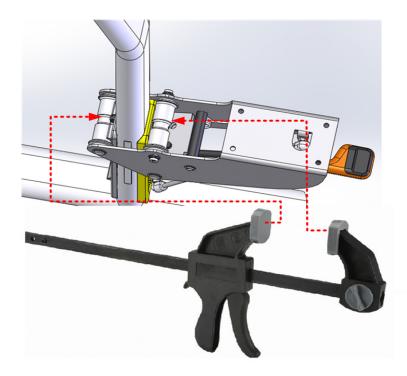
Diagram 2





3. Using a bar clamp, press the two top rollers against the seat frame.

Diagram 3



- 4. While the two rollers are secured to the seat frame, tighten the two 3/16" hex bolts. **Note**: One bolt must be held in place as the other bolt is tightened to prevent the roller from rotating. Torque to 250 inch pounds or 20.8 foot pounds. **See Diagram 2**.
- 5. Remove bar clamp.
- 6. Secure the seat pad to the seat adjustment assembly using the four ½" bolts removed in step 1. Torque to 55 inch pounds or 4.6 foot pounds. **See Diagram 1**.

If you have any questions regarding this service bulletin please contact **Precor Customer Support** @ 1-800-786-8404.