

Handle grip replacement procedure

Applies to

All Precor and Icarian series strength equipment.

Description

Use this procedure to remove and install a new handle grip.

Tools required

• Shop Towel

Isopropyl alcohol

Parts required

	QTY	Part Number	Description
0	1	PPP00000CW12691101	CW12691-101 TAPE, INTERTAPE 591, 1" X 36YD ROLL
2	1	PPP00000CW12680101	CW12680-101 GRIP SOLVENT, HF-100, BRAMPTON TECHN
3	1	Grip pn ⁽¹⁾	REPLACEMENT GRIP

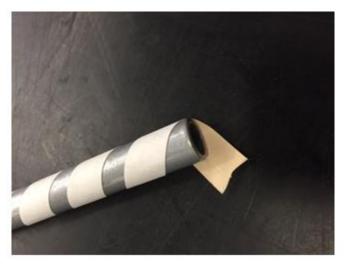
Notes (1) Order grip to fit the particular equipment model, contact Precor Customer Support.

Procedure

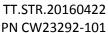
Review entire procedure before starting.

- 1 Remove handle end cap.
- 2 Remove damaged grip.
- 3 Clean the handle with isopropyl alcohol and let dry.
- Apply tape starting from the grip handle base wrapping tape in a helical pattern around the handle with a tape edge gap of no more than ¾". The tape should extend approximately 1" past the end of the handle. Press the tape firmly against the handle tube using a twisting motion.











5 Remove the tape white paper outer cover.



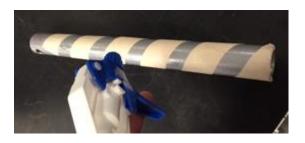
Tip: Fold corner of tape together to help separate the paper outer cover from the tape.



6 Push the excess tape inside the tube and press against the inside handle tube wall.



7 Saturate tape with grip solvent 2 using a towel to catch overspray. Spray small amount of solvent inside the grip.



8 Install grip 3 by pulling and twisting until it is in the final position.



- 9 Dry any excess solvent using the shop towel.
- 10 Trim any excess tape even with the edge of the grip.
- 11 Replace handle end cap.